



HANDS



MARS Module 10
Chiara Trapanese

The camp of Ein El Hilweh

What? Biggest Palestinian refugee camp in Lebanon (population and area size)

Where? Sidon, southern Lebanon

When? Established in 1948 by the International Committee of the Red Cross.

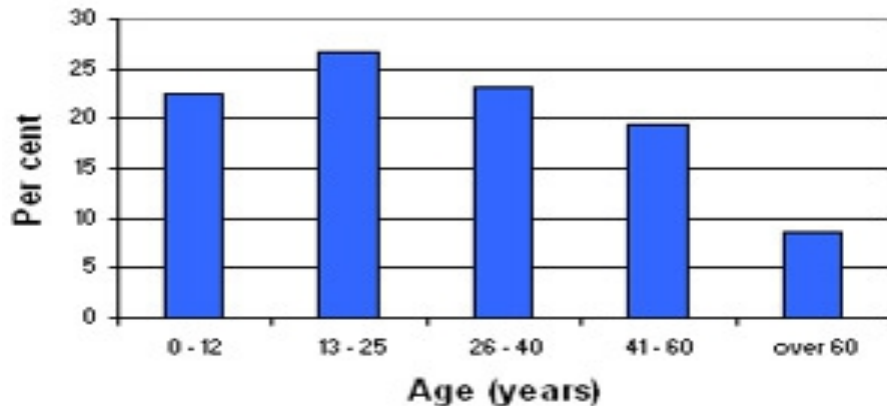
Population: more than 54,116 registered refugees (50 % is under 25 years old)

Major issue

Poor living and housing conditions: shelters in the camp are small and very close to each other. A number of displaced refugees continue to live on the edge of the camp in extremely poor living conditions.

Employment opportunities: camp's inhabitants mainly work as casual labourers in construction sites, orchards and embroidery workshops, or as cleaners.

High drop-out rate in schools: quite a high drop-out rate as students are often forced to leave schools in order to support their families.



Music and Resilience

Social Promotion Association **Prima Materia** – Italian partner

NISCVT, **National Institution of Social Care and Vocational Training “Beit Atfal Assumoud”** (“House of the Resilient Children”) - Palestinian partner

“Music and Resilience” promotes community music and music therapy as best practices for the prevention of social and cultural deprivation and isolation for young Palestinian refugees in Lebanon.



Music Therapy

When? From 4th July to 8th July, 5 afternoon sessions, 30 minutes each.

Who? 2 groups of children: 4 boys (aged 9 -11), 5 girls (aged 11).

Preliminary interview with the psychotherapist highlighted the presence of learning disabilities, emotional, relational and behavioral problems, attentional difficulties, insecure attachment.

Structure of the session:

Welcome Song

Body and voice exploration

Use of instruments

Goodbye Song



Music Therapy

General objectives:

- enable the development of a trusty and healthy relationship of the children with the music therapists and between each other;
- encourage self-expression and enhance their personal resources
- encourage collaboration and group cohesion and promote cooperation among participants;
- hold and canalize the energy of the individuals and of the whole group.





Video: https://drive.google.com/file/d/0B_RWiTivSACsSkppel9PWkg5eDg/view