

**'Banda Senza Frontiere 2013-14'**: National Institution for Social Care and Vocational Training 'Beit Atfal Assumoud', Lebanon; Ulaia Artesud Onlus, Rome; ass. Prima Materia, Montespertoli (Fi); Tavola Valdese; Assopace Mola di Bari

**'Music and Resilience 2013-15'**: National Institution for Social Care and Vocational Training 'Beit Atfal Assumoud', Lebanon; ass. Prima Materia, Montespertoli(Fi); Ulaia Artesud Onlus, Rome; Region of Tuscany; Province of Florence; Municipality Union Empolese-Valdelsa; Municipality Montespertoli; Municipality San Casciano Val di Pesa; ARCI Empolese-Valdelsa; ERAM Music Therapy Florence; Finnish Psychologists for Social Responsibility; Assopace Mola di Bari; Welfare Association Lebanon

## 'Music and Resilience' Final Report 1<sup>st</sup> - 13<sup>th</sup> May 2015

I – 9<sup>th</sup> NISCVT Annual Conference; II - Music Therapy; III - Community Music

### I 9<sup>th</sup> NISCVT Annual Conference

The NISCVT's 9<sup>th</sup> Annual Conference, sponsored by NORWAC, was held on 8<sup>th</sup> and 9<sup>th</sup> May 2015 at the Golden Tulip Galleria Hotel, Jnah, Beirut. The conference theme was “Towards a better Wellbeing: inter-sectoral approaches in Mental Health” and offered a unique opportunity for a deeper understanding of Beit Atfal Assumoud's mission set within the context of international programmes for the support of suffering communities, as well as the possibility to develop networking relationships with other organizations cooperating with our partner.



Prima Materia attended with a team representing music therapy and community music, and proposed one of the speakers, Mercedes Pavlicevic, music therapist, writer and researcher of international stature and experience. Dr. Pavlicevic presented a paper entitled “Music at the Margins”, illustrating community based music therapy in deprived and marginalised communities, and developed this theme practically in a workshop for conference participants.

### II Music Therapy

Assumoud's music therapy team continued to work with Dr. Pavlicevic on 10<sup>th</sup> May, in a seminar dedicated to community music therapy methodology and practice. Dr. Pavlicevic introduced frameworks of thinking for structuring music therapy interventions in relation to the specific context, and techniques for musical engagement with children and development of non-verbal, 'sounding' relationships.



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The seminar wound up with a team meeting with coordinator Deborah Parker, to plan the project's developments for the coming months. Evaluation of the project's progress will be prepared, using a quantitative evaluation tool, IMTAP (The Individualized Music Therapy Assessment Profile) and qualitative reporting through case studies. The project's full report will be finalized during Deborah Parker's next visit, August-September 2015, ready for publication and presentation at conference venues.

### III Community Music

Following the approval by Welfare Association, Lebanon, of funds supporting Assumoud's costs of local staff in 'Music and Resilience', Prima Materia's Community Music coordinator Rebecca Brown held meetings in Beddawi and Saida, for strategic planning regarding the structuring of the music programmes in these Family Guidance Centres. New, local music teachers were invited to the meetings, where the community music education model was illustrated. 3 new percussion instruments – 2 congas and a cahon generously donated in Italy – were delivered to the music laboratory in Saida.

Under a new central coordinator in Beirut, Miss Layal Hakim, the programmes will run for the next 3 months, and will be assessed during our next field visit in August.



And throughout the entire visit, as always, Dario Gentili collected documentation, assisted by Syrian photographer Ayham Saif, in preparation for the publishing of the final documentation of M&R 2013-15.

Montespertoli, 16<sup>th</sup> May 2015

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